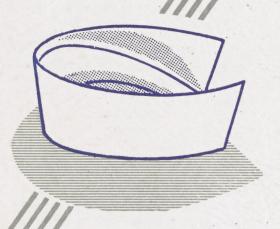
1957





WHITE WINGS

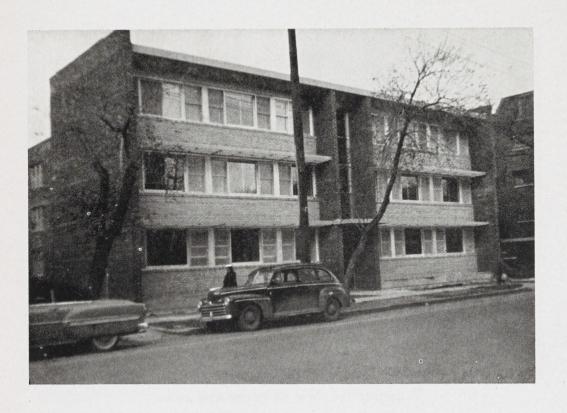
1958

The Nurse

That cap the nurse on duty wears
Is costlier than bonnets gay.
'Tis something she herself can make,
A bit of linen, trimmed and turned,
The right to it (for mercy's sake)
Was with three years of training earned.

That uniform of spotless white
Was costlier than a lady's gown,
'Twas bought with care by day and night
For those with illness stricken down.
The royal robes show royal birth,
But every nurse's simple pin
Is emblematic of her worth;
A symbol she has toiled to win.

Oh gracious spirit, love imbued That can such tender care accord, Perhaps, it is, that gratitude Must always be your best reward. Now out of gratitude appears This tribute, done in simple verse, Unto the dedicated years Of all who chose to be a nurse.



Victoria General Hospital

SCHOOL OF NURSING

1957-1958

Year Book

Compiled and presented by the Student Nurses

Appreciation

To our parents and friends for their encouragement and support, to our teaching, supervisory and administrative staff of the hospital, and to the doctors for their understanding and assistance; to all those who have made our training possible, we gratefully dedicate this year book.

Editorial

We, the grads of 1958, take great pleasure in presenting this first edition of "White Wings" to you. The co-operation and willing assistance of the student body as a whole made this publication possible, and will apply persistently in every year to come. A hearty thank you to all of you.

It is with a feeling of deep satisfaction and reverence that we are leaving the Victoria General Hospital, where for the past three years we have shared joys and sorrows, success and failure together. Intermingled, are the feelings of sadness and regret, as this school of nursing has become our "home," and our classmates our "sisters." However, fond memories, lasting friendships and the realization of our ambitions shall always be ours. May the year book act as a "mirror" for us.

We have now reached one of the crossroads on Life's highway, where we must part company. Only true devotion to our work, and generous service to mankind can help us to overcome life's obstacles. May we all



prove worthy in acceptance of "The Florence Nightingale Pledge."

As we say good-bye to our fellow students, we sincerely wish all of you the very best of luck and every success in your career.

MYRTICE STRAND



from the Administrator

This Year Book represents not merely the three years that you have spent at the Victoria General Hospital School of Nursing, it represents a period of your life in preparation for your future role in the nursing profession.

One can look back on these three years with fond memories, both happy and sad experiences, but foremost with pride, because of the successful investment in the future of oneself and one's community.

To you go the best wishes of the Board of Trustees of the Victoria General Hospital and the Administrative Staff. While you may no longer be members of the staff or students in the school, the imprint of your association will last with us forever.

MR. J. G. ROSENFELD
Administrator,
Victoria General Hospital

from the Director, School of Nursing



Dear Graduates:

On behalf of the Faculty of the School of Nursing, I offer my most sincere congratulations to the graduating class of 1958.

As you enter a world of new oppportunities, always remember that your true greatness, strength and achievement will be found in performing the humble duties with quiet dignity, and the greater ones with courage and fortitude. May you guard our traditions well—as grateful bond between you and your Alma Mater.

ISABEL MISENER
Director, School of Nursing

message to the 1958 Graduates



Dear Graduates,

My sincere congratulations to the class of '58 in achieving your goal in one of the most noble professions of Mankind.

We have watched your progress and are more than pleased with the results.

The future is now before you with unlimited scope for your abilities. Use them wisely and remember that we would like to be as proud of you in your future work as we are of your achievements to date.

May God bless you with happiness and success in the practice of your chosen profession, Nursing.

MRS. M. CUDMORE, Director, Nursing Service



Left to right: Mrs. Anne Ross, Mrs. Emily Enns, Mrs. Katherine Runner, Miss Isabel Misener (Director), Miss Ann DesBrisay, Mrs. Mary Bernatsky, Mrs. Joyce Labovich (not present).

The Teaching Faculty

To the teachers of our class,

To the ones who helped us pass —

WE THANK YOU.

With your help, our goal obtained, Your faith in us full remained — WE THANK YOU.

For those not to finish what they start, Yours remained the broken hearts — WE THANK YOU.

When we cause you stress and strain, Please remember this refrain — WE THANK YOU.

MRS, I. BIRMINGHAM

Curriculum of Studies

SUBJECT	HOURS
Nursing Arts	177
Sociology	25-27
Psychology	29
Prof. Adjustments I	18
Anatomy and Physiology	68
Microbiology	33
Normal Nutrition	24
Pharmacology I	22
Introduction to	
Medical Science	25
Pharmacology II (a)	10
Medical and Surgical Nursing	182
Pharmacology II (b)	
Medical	
Surgical	
First Aid Community Health	
Diet Therapy	
Cperating Room Technique	
Dermatology	71/2
Orthopedics	21
Ophthalmology	19
Otolarymgology	10
Obstetric Nursing	37-42
Pediatric Nursing	35
Psychiatric Nursing	25
Communicable Diseases	19
Prof. Adjustments II	24
History of Nursing	12-13
Oral Hygiene	
	825

Duty

So nigh is grandeur to our dust, So near is God to man, When duty whispers low, "Thou must," The nurse replies, "I can."



Left to right, back row: Jean Shwaluk, Marguerite Pow, Maxine Wright, Miss. I. Misener, Margo Hudson, Irene Birmingham, Myrtice Strand. Front row: Martha MacKenzie, Ellen McAllister, Jacqueline Rivalin.

Student Council

President—E. McAllister Vice-President—M. MacKenzie

Honorary Adviser—I. Misener

Secretary—M. Pow

Treasurer—I. Birmingham

Class Reps—58A—J. Rivalin

58B—M. Strand

59B-M. Wright

60A-M. Hudson

60B-J. Shwaluk

If all student nurses who fell asleep in class were laid end to end in a straight line — they would be far more comfortable.



Standing, back row, left to right: Jacqueine Rivalin, Irene Birmingham, Irene Drink-water, Jean Keast. Sitting, front row: Ellen McAllister, Miss Misener, Myrtice Strand, Gayle Collins.

Year Book Committee

Editor-M. Strand

Assistant Editor—E. McAllister

Honorary Editor—I. Misener

Business Manager—I. Birmingham

Photography—I. Drinkwater

Copy—J. Rivalin

G. Collins

Advertisements-J. Keast

B. McLeod

C. Cross

Art—E. Vogt (not present)



Graduation

Valedictory

Tonight will be one of our most cherished and memorable occasions, an occasion that will be a milestone in every student nurse's eyes. We graduate and join one of the most prided professions, "Nursing."

Let us compare our three years' training to an album, an album that has pages of wonderful memories to each and everyone of us here tonight. Each of you has contributed in some way, without perhaps realizing it. Let us look through this album of memories. That first page, remember how we stood on those old wooden steps of the old residence, and looked up with awe at that "old house" and wondered how it was possible that it still stood. Then we were soon greeted with smiles, and once inside we were made to feel at home and we knew there was no turning back then. Let us turn a few pages, and we see a first day on wards, our first patients and what shall we do? How shall we start caring for them? Oh why did we ever come in training? But, the day went by and wasn't it the most challenging day of training! What page is this? Oh, yes! Residential life in the hospital. Remember those days? At last a new residence was being built, so we didn't mind too much. Then a few months went by and our capping exercises were held. We didn't realize just what that cap meant. It meant evening responsibilities, first night duty and special training. How trivial and unimportant these mean now, but as we think back to our first day on maternity or in the operating room, waiting for the unexpected to happen, we realize how enriched our lives have become. Each day a challenge. and deep inside a whisper "I can." Now the pages go by, and, see this



page? Moving day again! But this time again we don't mind because we have a lovely new residence. Imagine, only two girls to a room. Our training too is new, for now we venture to other hospitals on affiliation. Our hearts fluttered, how nervous at the thought of a different training, living in another residence! But with the passing of these months a wiser and more mature individual emerged. Now we slowly leaf through these last few pages, perhaps a bit more treasured, because we realize that in a short while we will be starting out on our own. Our experiences from now on will not be shared with fellow students.

We close our album now but the drama of this graduation will remain in our hearts for years to come.

In this farewell, we must not forget those who have helped us to attain our goal.

Continued on Page 20



EILEEN VIOLET ANDERSON Winnipeg, Man.
"Be silent and safe;
Silence never betrays anyone!"
"Better late than never!"



MARY FRANCES ANDRUSKO
Winnipeg, Man.

"I have no mockings or
arguments:
I witness and wait."

"Ask me no questions
I'll tell you no fibs."



IRENE CECELLIA JULIA
BIRMINGHAM
Naicam, Sask.
"Teach me half the gladness
That thy brain must know."
"With mirth and laughter
Let old wrinkles come."



Newdale, Man.

"Every man for himself,
And God for us all."

"I only ask for information."



DOREEN MAVIS DUNSTER
Gainsborough, Sask.
"Her thoughts as still as the waters
Under a ruined mill."
"To be awake—is to be alive."



ETHEL ANN HOWARTH
Whitewood, Sask.
"A thing of beauty
Is a joy forever."
"O why should life all labors be!"



JEAN EVELYN KEAST
Portage la Prairie, Man.
"There is such speed in her little body,
And such lightness in her footfall."
"I have a laugh like a light —
"Eveready"."



ELLEN AGNES ROSE
McALLISTER
Porcupine Plains, Sask.
"Out of the strain of doing,
Into the peace of done."
"Reserve me from unseasonable
and immoderate sleep."



PATRICIA FAYE McKENNA Paterson, Calif.

"Her modest look, that cottage must adorn." "Though she be but little, She is fierce."



BETTY-ANN McLAUGHLIN Kamsack, Sask.

"The sweetest thing that ever grew Beside a human door." "I can resist anything but temptation."



BEVERLEY ANNE McLEOD Winnipeg, Man.

"Grace and good disposition Attend your ladyship."
"Do you not know I'm a woman? When I think, I must speak."



RUTH EILEEN MUHLBACH Stettler, Alta. "How dull it is to pause, To make an end, to rest unburnished,

unburnished,
Not to shine in use."
"I shall laugh myself to death."



JACQUELINE ELEANOR
RIVALIN
The Pas, Man.
"School may come and school may
go, but I go on forever."
"She is laughing in her sleeve at
you."



SYLVIA OLGA SHWALUK
Shoal Lake, Man.

"All human wisdom is summed up
in two words —
'Wait and hope'."

"While I remain above the ground
You shall hear me still."



Flin Flon, Man.

"And still they gazed,
And still their wonder grew—
That one small head
Could carry all she knew."

"I came, saw, and overcame."



VELMA AUDREY TUOKKO Lac du Bonnet, Man.

"A daughter of the Gods, Divinely tall and divinely fair." "Did nothing in particular — Did it very well."



ELMA VOGT Snowflake, Man.

"And seems to walk on wings That thread the air." "There is something in the wind."



JANET ZEMANSKI Oakbank, Man.

"I'll choose the fairest of them all, And send the rest away." "I've been in such a pickle Since I saw you last."

Nurses' 23rd Psalm

The poor are our patients, we maketh them to lie down in warm blankets, and feedeth them through glass tubes;

We restoreth their pulse; Yea, though they in their sleep fall out of bed, they feel no pain, for we are with them:

Our dope and our presence will comfort them. In the presence of their doctors we annointeth their bedsores with oil. Their kidney basins runneth over.

Surely bedpans and groans shall follow all the days of our lives, and we shall dwell in the uniform forever.

Ode to a Nurse

Breathes there a nurse with feet so sore. Who never to herself hath swore — "This is the end—I can do no more!" Who for her mother hath not yearned As to the "Home" her steps hath turned, From working all day on the floor -Who hath not packed her trunk three times. Then found her purse held but two dimes. She rested up her weary frame, Then started over once again. Who never down the street hath tore To get home before they locked the door. Who never came in late for class. And had to forfeit a late leave pass. If such there be, give her a crown — And she in history will go down.

AWARDS

PRESENTED TO DESERVING STUDENTS
OF THE GRADUATING CLASS

PROFICIENCY IN OBSTETRICS

Presented by Victoria General Hospital Ladies' Auxiliary
MISS MYRTICE STRAND — FLIN FLON, MANITOBA

PROFICIENCY IN BEDSIDE NURSING
Presented by Victoria General Hospital Ladies' Guild
MISS MAVIS DUNSTER — GAINSBOROUGH, SASKATCHEWAN

HIGHEST MARKS IN THEORY
Presented by Dr. V. Rosenfield
MISS MYRTICE STRAND — FLIN FLON, MANITOBA

ADMINISTRATOR'S AWARD

Presented by Mr. G. B. Rosenfeld
To the Student who best exemplifies
the principles related to Leadership, Responsibility, and Social Service
MISS ELLEN MCALLISTER — PORCUPINE PLAIN, SASKATCHEWAN

GENERAL PROFICIENCY
Presented by Dr. Tisdale
MISS RUTH MUHLBACH — STETTLER, ALBERTA

OPERATING ROOM TECHNIQUE
Presented by Dr. S. S. Peikoff
MISS RUTH MUHLBACH — STETTLER, ALBERTA

THE CANADIAN NURSE AWARD to the student showing the most promise in Junior Year.

MISS MARILYN BRANDER — DAUPHIN, MANITOBA

AWARD FOR THE INTERMEDIATE STUDENT
To the student showing the most promise in Intermediate Year
Presented by Mr. A. A. Rossen
MISS MARGUERITE POW — NESBITT, MANITOBA

- Success -

Success is speaking words of praise In cheering other people's ways, In doing just the best you can With every task and every plan. It's loyalty, when duty calls, It's courage, when disaster falls, It's patience, when the hours are long, It's found in laughter and in song. It's in the silent time of prayer, In happiness or despair, In all of Life, and nothing less, We find the thing we call "Success."

Farewell from the Graduates

As 1958 rolls around, it is with sadness that we of the graduating class

close the doors behind us as Student Nurses.

Looking back upon the past three years, we find bands of friendship made, never to be forgotten, moments of sorrow and joy shared by all, and memories we shall always treasure.

It seems that three years is an eternity upon entering nurses' training. However, time passes so quickly, we feel we have only entered, and now

we must say good-bye.

Upon closing the last page in the chapter of a student nurse's life, we sincerely say we have no regrets, and can only hope that future students may have the mutual feeling as they too leave their alma mater.

RUTH MUHLBACH

You have many times heard us say We'll be mighty glad to be on our way, But parting is such lasting sorrow, We wish we could stay until tomorrow.

We know not what the future may hold, Our best days are over, we are told. Many happy hours together we spent, No-one recalls articles borrowed or lent.

So, students, keep up the good work— Some-one will notice if you shirk, Though tired, weary and almost dead, You suddenly remember a "bath and bed."

Cheerio! Your graduation will come far too quick, After all, it isn't such a hard battle to lick.

Continued from Page 12

To our parents, your help and guidance have done more for us than you can realize.

Your lives, also have been an inspiration and a guiding light to us.

To the staff, you will always be remembered, even if we grumbled at times at your discipline. We know you meant it for our own good.

To the undergraduates. Our residence life will never be forgotten or replaced. Take each day as a challenge and cherish these memories in your album.

My classmates, tonight we are graduate nurses. How many times we have wondered what our thoughts

would be as we climbed this platform. Mixed with joy we find regret and sorrow. For we have shared each other's lives for three years and have become "sisters." Through trust and faith in God may we strengthen our chosen profession as we go our separate ways.

In closing, may I leave you with this verse:

Although deceit might win your fight, Compel yourself to do what's right. Of others' weakness never speak, But do not let yourself be weak. Have pity for the many woes Which every man around you knows. But when a trial comes to you, Be glad that you can see it through.

ELLEN McALLISTER

INTERMEDIATES



Intermediates



Back row, left to right: M. Pow, V. Porter, E. Reese, I. Drinkwater, B. Black, S. Redahl, L. Foreman, M. Wright, M. MacKenzie. Front row, J. Werbiski, S. Spivak, S. Cowan, I. Bulega, C. White, S. Olafson, L. McKay.

When things go wrong, as they sometimes will, When the road you're trudging seems uphill, When funds are low, and debts are high, When you want to smile, but you have to sigh, When care is pressing you down a bit, Rest if you must, but never quit!

Life is queer, with its twists and turns,
As everyone of us sometimes learns.
And many a failure turns about,
When she might have won, if she'd stuck it out.
Stick to your task, though the pace seems slow—
You may succeed with one more blow!

NAME	HAILS FROM	FAVORITE EXPRESSION	FAVORITE PASTIME
Betty Black	Brandon, Man.	"Censored"	Slamming doors.
Irene Bulega	Winnipeg, Man.	"I'm really frustrated"	Waiting for that 10 o'clock phone call.
Shirley Cowan	Darlingford, Man.	"Is he a rancher?"	Spending her time cleaning in the kitchenette.
Irene Drinkwater	Flin Flon, Man.	"Isn't that fabulous!"	Watching everyone else eat her food parcels.
Lois Foreman	Dauphin, Man.	"Is anyone coming to supper?"	Visiting.
Martha MacKenzie	Flin Flon, Man.	"McKay, get out of here!"	Trying new hairdo's.
Lois McKay	Minitonas, Man.	"Oh, you guys, I'm not really that bad"	Taking orders for the drug store.
Sally Olafson	Morden, Man.	"I think that's just cheap"	Brisk walks to Spence.
Velma Porter	Basswood, Man.	"Your Squirrel!"	Trying to gain weight.
Marg Pow	Nesbit, Man.	"Wonder who'll phone tonight?"	Waiting for letters.
Shirley Redahl	Flin Flon, Man.	"Oh, that's ridiculous!"	Trying to get rid of corns.
Eileen Reese	Flin Flon, Man.	"Will someone please wake me in the morning?"	Trying to get someone to wake her up.
Janet Werbiski	Sioux Lookout, Ont.	"Nothing much"	Sleeping.
Charlene White	Thornhill, Man.	"Now what'll I wear tonight"	Day dreaming in class.
Maxine Wright	Winnipeg, Man.	"I'm catching cold again"	Riding in different Ford products.
Sima Spivack	Winnipeg, Man.	"Shut those lights!"	Annoying neighbours across the hall.

The Florence Nightingale Pledge

I solemnly pledge myself before God, and in the presence of this assembly to pass my life in purity, and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavour to aid the physician in his work, and devote myself to the welfare of those committed to my care.

JUNIORS





Back row, left to right: Barbara Peterson, Darlene Werbowsky, Marlene McLean, Joyce Radcliffe, Wilma Winterton, Darlene Lechner, June Harris, Anne Fric, Margo Hudson, Shirley Johannson, Jeanette Niven, Barbara Loree, Gwenda Cutting, Marilyn Brander.

Front row, left to right: Jean Shwaluk, Sonia Popoff, Beverley Rogers, Ruth Hood, Diane Ross, Gayle Collins, Joan Weatherhead, Gerry Munroe, Lee Jeffrey, Ione Longmore.

Opportunity

The world has need of the best in you,
The world has need of the work you do,
The world has need of a helping hand,
And the faith of a friend who will understand.
It welcomes the honest, the loyal and true,
The world needs these—and it looks to you.

NAME	HOME	FAVORITE EXPRESSION	DESCRIPTIVE SONG
Jackie Bluhm	Morden, Man.	"Gosh	In the Mood
Marilyn Brander	Dauphin, Man.	"Who me?"	Sophisticated Swing
Gayle Collins	Winnipeg, Man.	"Just a minute"	The Joker
Gwenda Cutting	Carman, Man.	"Oh pippy do"	Alone
Anne Fric	Flin Flon, Man.	"Sick of it"	I'm Late, I'm Late
Maureen Hill	Flin Flon, Man.	"I'll go home to Mother"	I'm Yours
Ruth Hood	Flin Flon, Man.	"Me too?"	Honeycomb
Lee Jeffery	Flin Flon, Man.	"I like it!"	Remember You're Mine
Shirley Johannson	Flin Flon, Man.	"But what if Hutch comes?"	Johnny Canuck
Darlene Lechner	Morden, Man.	"Oh, you guys!"	Early One Morning
Ione Longmore	Flin Flon, Man.	"Oh, Anne!"	V for Victory
Barbara Loree	Carman, Man.	"Is that right? Oh no!"	1000 Miles Away
Marlene McLean	Waskada, Man.	"Oh, dear!"	Way Down South
Gerry Munroe	Dauphin, Man.	"I'll buy that!"	Lady Luck
Jeanette Niven	Minitonas, Man.	"Uh huh"	Smile
Barbara Peterson	Flin Flon, Man.	"It makes me sick"	Lots'a Lovin'
Sonia Popoff	Saskatoon, Sask.	"I can't make up my mind"	Memories Are Made of This
Joyce Radcliffe	Dauphin, Man.	"What's going on?"	Sleepy Time Gal
Beverley Rogers	Lac du Bonnet, Man.	"Oh, the weekends"	A Gordon for Me
Jean Shwaluk	Shoal Lake, Man.	"I know what you're thinking"	Once in a While
Joan Weatherhead	Winnipeg, Man.	"What'll I do?"	South Pacific
Darlene Werbowsky	Kamsack, Sask.	"Back home"	When the Ice Worm Nests Again
Wilma Winterton	Flin Flon, Man.	"Har Har"	I Sit in My Window
Carol Cross	Kenora, Ont.	"Go peddle your papers"	I'm All Alone
Margo Hudson	Winnipeg, Man.	"What's your trouble, "Bubble?"	Daddy-O
June Harris	Belmont, Man.	"Where's this all going to end?"	"I'm Available
Diane Ross	Winnipeg, Man.	"Let's Get the Show on the road"	I Could Dance All Night



1. Preliminary Student 2. Junior Student 3. Intermediate Student 4. Senior Student 5. Graduate Nurse

This is Our Life

"Nurse," called the little gray haired lady in the pink bed jacket, "please, I want your help, I am so mixed up!"

"Why, Mrs. Smith, what is your grave problem?" answered the young

trainee

"My dear, I see so many young girls around here, and most of them have something different about their uni-

form, what does it mean?"

"Well, Mrs. Smith, I'll tell you. When a young girl enters training, she is known as a preliminary student. She wears the blue dress and the white bib and apron, which are the base of the Victoria General Hospital student nurse's uniform. During this six month period she spends most of her time attending lectures and learning the arts of nursing. Then, at the end of six months she becomes a junior.

"The junior term is commenced with the capping exercises. This is the period when the girls first start to feel like real nurses, they get more experience in actual nursing and, with knees quivering, she usually has her first experience with night duty.

"Then, six months later, comes the intermediate term, and the girls get

their chevrons with 'V.G.H.' on their left sleeves. My, but you should see how their left arms stick out for a few days! This year is usually the most interesting. Many new subjects are taken and many of the girls receive most of their special training such as maternity and operating room during this period!

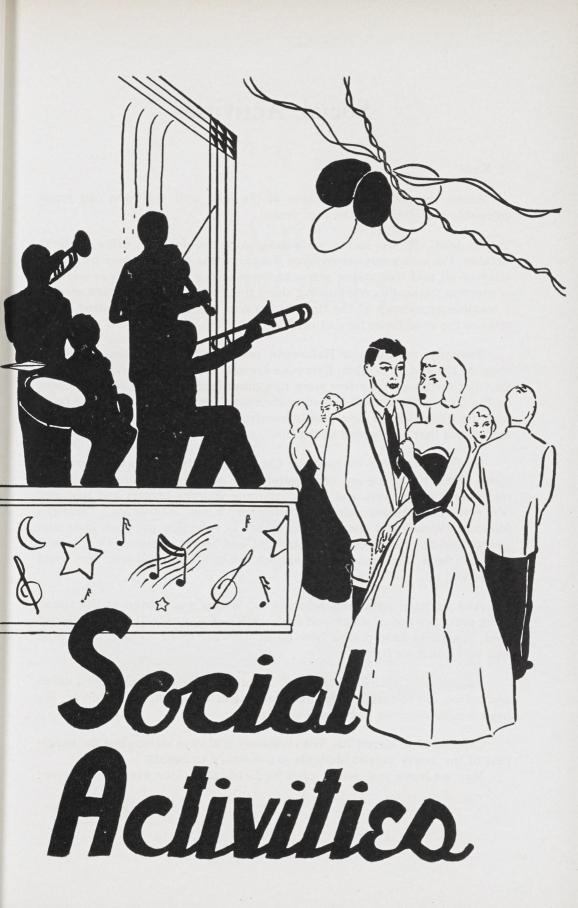
"Now, the student steps into her third and final year. She is presented with a bar pin so she can pin the back of her bib to her apron. This is known as 'Tails out,' for you can see the ends of the bibs are out instead of inside the back of the apron. This year is in a way proof of what the student will be as a graduate nurse, because more responsibility is placed upon her shoulders.

Also, of course, there is the graduate nurse who, you know, is in complete white uniform and wears her graduate pin.

"There now, Mrs. Smith, do you think you will be able to understand

it better now?"

"Oh yes, Miss Hayes, thank you. Now that I understand it my stay here will be made much more interesting. At least now I'll be able to tell who's who. Thank you and good-bye."



Social Activities

Hi Kids!!

About the social get-togethers at the Vic, well we have had many enjoyable parties during the past year!

To lead off, we had a whiz-bang initiation for our 60B's early in October. I'm sure everyone enjoyed the party; the new kids may be a little leary of all that was taking place, and wondering whether it was worth it or not, and the seniors reminiscing about their own initiation, which seemed a horrible experience at the time, but is now one of their treasured memories of the good times here at the Vic.

Secondly, we had our Halloween party, held here in the recreation room on the 31st of October. Everyone dressed up for the occasion, and what amazing costumes! very few were recognizable. Along with entertainment by the famous "Sputniks" and other such acts, as well as a lunch. This party was unforgettable! A few people received wet faces while dunking for apples, but that only added to the fun.

On December 16th we held our Christmas Party, also in the recreation room. (Plain to see we are very grateful for our new residence.) The staff members were present, and the programme was the biggest and best yet! We even had famous celebrities such as "Elvis," "Liberace," "Marilyn Monroe" (Wow!) and the "can-can girls" to entertain us. Each class and group from the staff received a spot-light and hearty applause. Of course it wouldn't be a Christmas party without Santa Claus, who was very good to one and all.

And we have swimmers amongst us! Which was proven at the swimming party we had as a farewell to the 58A's on January 21st at Sherbrook pool. The party only proved how much we were going to miss these girls and how much we have!

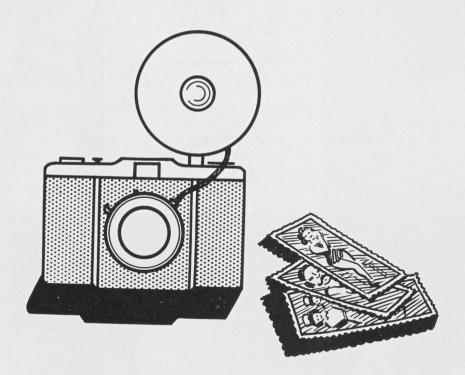
Valentine's Day!! Feb. 11th saw all of us enjoying hamburgers, cakes and coffee, not to mention the hilarious valentines given and received. We hope insults received were not long-lived.

Capping is on March 7th. The ceremony is always serious but the happiness of the newly capped students is a memory to behold.

May we leave you now to plan for Graduation—the event of the year!

MARG. POW

"VIC" MEMORIES



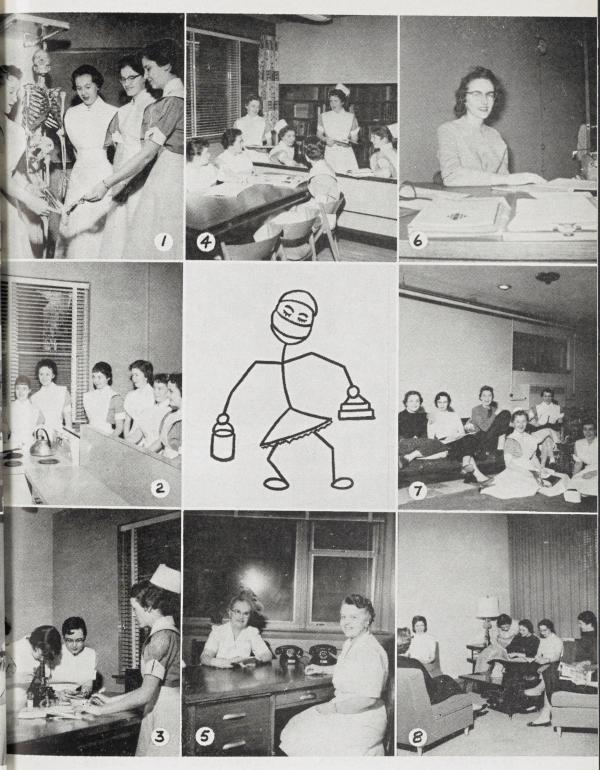


1. Operating Room
2. Nursery

- 3. Surgical Ward
- 4. Medical Ward
- 5. Pediatrics
- 6. Diet Kitchen

7. Medications

8. Nursing Arts



1. Anatomy

- 2. Diet Therapy
- 3. Microbiology
- 4. Library
- 5. House Mothers
- 6. Nursing School Secretary 8. Reception Room
- 7. Recreation Room

Head Nurses and Supervisors



Back row, left to right: Mrs. R. Ellecker, Miss Catherine MacFarlane, Mrs. Audrey Campbell, Miss Olive Stewart, Front row: Mrs. Barrie Wilson, Miss Pat Gohn, Mrs. Donna Arnason.

MRS. JOYCE LABOVICH Maternity Supervisor





MRS. PATRICIA DEL BEGGIO Operating Room Supervisor



MRS. GWEN FLETCHER Supervisor



MRS. KATHLEEN CARPENTER Supervisor



MRS. MAVIS VERMEULEN Supervisor



MISS BEVERLEY JAMES Supervisor

Pot Pourri

Another healthy thing about breathing through the nose is that it keeps your mouth shut!

A professor brought a copy of his final exam to be mimeographed. His secretary looked it over and said, "But, Professor, this is the same exam you gave last semester." Professor, "Yes, I know, but I've changed the answers."

HEADING AN EXAM PAPER:

"If at first you don't succeed, try reading the directions."

One of the nurses at breakfast, "This coffee tasted as though it had cod liver oil in it!" Miss Misener, "Well, girls, you must get your vitamins."

Miss Zemanski: "I want to try on that suit in the window."

Saleslady: "Sorry, madam, but you'll have to use the dressing room."



"If you dare say there's nothing wrong with me again, Doctor, I swear I'll scream."

Why Worry?

There are only two things in life to worry about: either you're sick or you are well. If you are well, there's nothing to worry about; and if you are sick, there are only two things to worry about: either you will get well or you will die. If you get well, there is nothing to worry about. If you die there are two things to worry about: either you will go to Heaven or some place else. If you go to Heaven, there is nothing to worry about; and if you go to the other place, you will be so doggoned busy shaking hands with your old friends that you won't have time to worry, so-why worry?

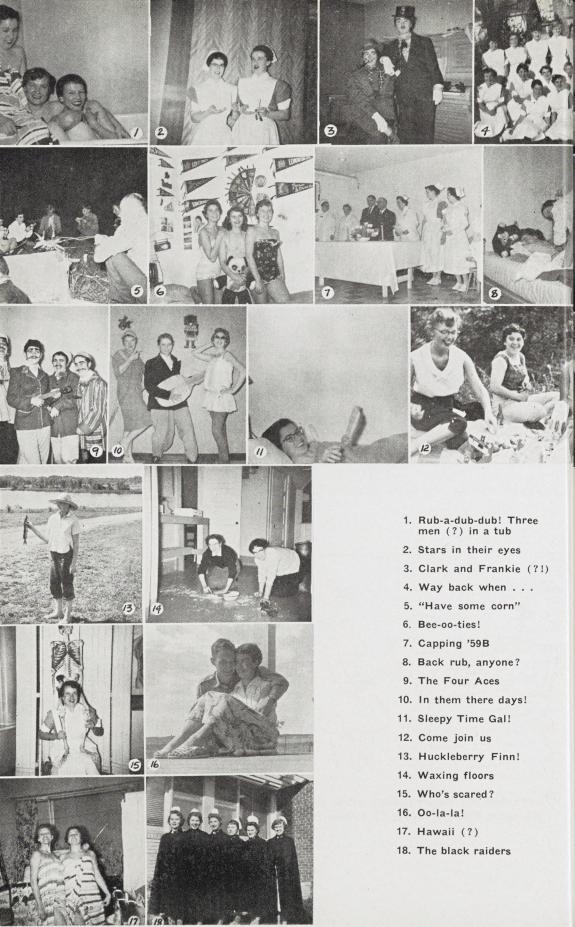


For the Pediatric Nurse

To preserve children:

Take one large airy room, one half dozen children, two or three small toys, a pinch of water and some pebbles. Mix the children and toys well together, and put them in the room, stirring them constantly. Pour the water over the pebbles; sprinkle the room with laughter, spread over all a deep blue sky and bake in the hot sun. When brown remove and set to cool in the bathtub or crib.

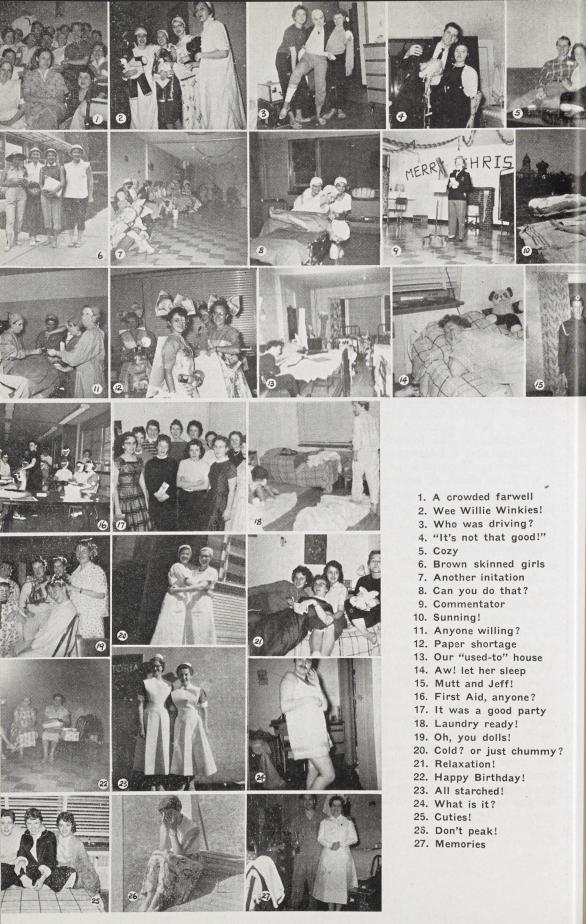
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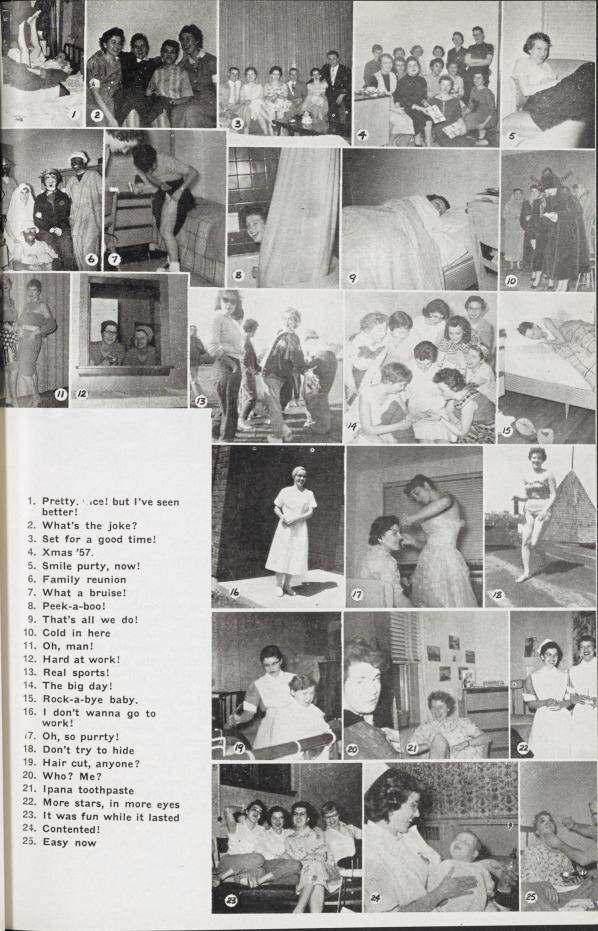




- 1. Break!
- 2. Early in the morning.
- 3. Now, who next?
- 4. John Boy!
- 5. A conversation ruined.
- 6. Chummy, eh?
- 7. "Calling a senior interne!"
- 8. Did you say "Mutt and Jeff."
- 9. Oh, "Pose!"
- 10. We miss you, "Stigie."
- 11. "Is my hair okay?"
- 12. Why so serious?
- 13. All kidding aside.
- 14. A neat cast!
- 15. "My brother and I."
- 16. I knew he'd look up.
- 17. Pill-pushers!
- 18. A cheerful ending??!!







M. S. N. A.



M.S.N.A. 1957-58 EXECUTIVE

Manitoba Student Nurses' Association

What does the M.S.N.A. really mean to a lot of people? To most it is just a group of four letters and that is all! But that is not all it is! It represents an association of Student Nurses in Manitoba. This association was formed in November of 1944, patterned and sponsored by the M.A.R.N. under the capable direction this year of Miss Nordewich, but most of the work is left to the representatives from the different hospitals who compose the M.S.N.A. executive. Since 1944 there has been an official pin, an annual dance, and a new bulletin developed as well as contact with out of town students.

The purpose of the M.S.N.A. is to promote a better inter-school relationship through the other nursing schools in the province. And I think that anyone who attended the functions sponsored by the M.S.N.A. will readily see that this purpose is being realized.

This year has seen through a field meet held at Sargent Park, a square dance held at the Misericordia residence, a formal dance held in the Royal Alexandra Hotel. All of which were fun and thrill packed. Our school also intends to show representation at the Variety Concert and the informal dance later in the year.

V. PORTER

My Profession

Education is a thing That everybody needs. A girl can get a certain kind, Of course, in what she reads.

All the books they publish Are detailed in every plan, The one that never seems complete Is "how to catch a man."

I read a wide variety And thought if nothing worse, I could take up training And try to be a nurse.

Now that I have started, And paid the tidy fee, I often sit and wonder

If it's the place for me.
We strive to do our duty—
You've heard the old refrain—
"You spend eight hours on duty
And the next eight you complain."

Your assignment is the hardest, The patient's the meanest, too. Whenever there's a dirty job, They always look for you.

No one seems to appreciate All you really do —
I can hardly wait
'Til this year is through!

Nursing has a future. They say it's very bright, Even though I like it. I sure hope they are right.

Three years working without pay Really is quite bad — Oh. how I wish that now I was—Just a plain old "Grad."

Rx - Chuckles - PRN

A HOSPITAL WEDDING

A quaint but pretty wedding was solemnized in the Dressing Room at the Victoria General Hospital, at 6:30 in the afternoon, when Miss Alis Forcep was united in marriage to Mr. Bone Curette. Pneumo-coccus officiated. Miss Ethyl Chloride presided at the organ The bride entered the room on the arm of a wheel chair. Little Olive Oil acted as flower girl. During the signing of the register, Mr. Morphine sang "Oh Carrel Dakins," accompanied by Miss Bella Donna on the drum borrowed from the supply room. The wedding party then proceeded to the X-ray department where their picture was taken. A reacting time was had by all at the reception in the recovery room.

"Glad to see you getting down to breakfast these mornings, Miss Reese," said Miss Misener.

"Yes, I have a parrot now."

"A parrot? What for? I advised you to get an alarm clock."

"I did, but after a few mornings I got used to it, and it failed to wake me up. So, I got a parrot and now when I retire I hang the alarm clock

over his cage. It wakes the parrot, and what the bird says would arouse anybody."

A very fat man asked the doctor to prescribe for a complaint which, he declared, was sleeping with his mouth open. "Sir," said Dr. Marmar, "your disease is incurable. Your skin is too short, so that when you shut your eyes your mouth opens."

"Why did you tear the back part of that new book?" asked Mr. Rosenfield.

"Excuse me, dear," said Dr. V. Rosenfeld. "the part you speak of was labelled 'Appendix' and I took it out without thinking."

Miss Jones (after an appendectomy): "Oh, Doctor, will the scar show?"

Dr. Beighton: "Not if you're careful."

Patient on operating table: "Dr. Cham, I'm so tired I wish you'd give me enough anaesthetic to put me out for a week."

Dr. Cham: "Let's see, what's the date today?"

__ Life

Life is a gift that the humblest may boast of And one that the humblest may well make the most of. Get out and live it each hour of the day, Wear it and use it as much as you may; Don't keep it in niches and corners and grooves, You'll find that in service its beauty improves.

Autographs

Nurses' Alumnae of Victoria General Hospital

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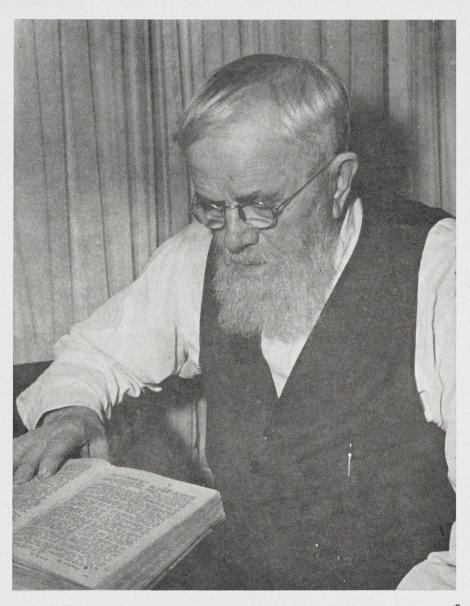
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